

Autumn 2008 - Coping with Life – Bible Study and Sermon Series

Western society spends millions on self-help and attempts at transformation.

"The Bible was not given to increase our knowledge but to change our lives." *D.L. Moody*

"Through endurance and encouragement of the scriptures we might have hope." *Romans. 15:4*

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| 1. Coping with stress – Jesus – John 8 | 24.8.08 @ 6pm |
| 2. Rebounding from failure – Peter – Luke 5:1 - 11 | 31.8.08 @ 9 & 10.45am |
| 3. Defeating depression – Elijah – 1 Kings 19 | 7.9.08 @ 9 & 10.45am |
| 4. Raising your ambitions – Jabez – 1 Chronicles 4:9 – 10 | 7.9.08 @ 6pm |
| 5. Peace of mind – Moses – Hebrews 11:24 – 27 | 21.9.08 @ 9 & 10.45am |
| 6. Overcoming discouragement – Nehemiah – Nehemiah 4 | 28.9.08 @ 9am |
| 7. Confronting problems – Jehoshaphat – 2 Chronicles 20 | 5.10.08 @ 9am |
| 8. Confident in crisis – Paul – Acts 27 | 12.10.08 @ 9 & 10.45am |
| 9. Persisting to change – Jacob – Genesis 32 | 19.10.08 @ 6pm |
| 10. Emerging from the mess – Samson – Judges 13 – 16 | 26.10.08 @ 9 & 10.45am |
| 11. Coping with loneliness – Paul – 1 Timothy 2 & 4 | 9.11.08 @ 9 & 10.45am |
| 12. Why me? – Joseph – Genesis 37 – 50 | 16.11.08 @ 6pm |